



Anoushka Twining

Anoushka practises in all areas of Crime, and has developed a strong Crown Court practice acting both for the Defence and for the CPS. In addition to Crime Anoushka is available to advise and represent on financial crime and regulatory matters.

Anoushka Twining joined 15NBS as a tenant in January 2022 following the successful completion of her pupillage within Chambers.

Anoushka has been praised for her sensitive handling of vulnerable witnesses and vulnerable clients, safeguarding her clients' legal as well as mental health and emotional needs. She is a proactive and diligent advocate who is often commended by her lay clients and professional clients for her professionalism and hard work.

Anoushka came to the Criminal Bar from the University of Durham where she obtained a Criminology degree. There she specialised in drugs legislation and the Criminal Justice System. She took part in the exclusive Inside-Out Programme run in conjunction with HMP Frankland, a high security men's prison, alongside 15 life sentence inmates, where she gained further insight into criminal justice and criminal law.

Anoushka brings her academic experience to her work, employing this alongside her comprehensive understanding of the law and her sound judgement to achieve results.

Before joining Chambers for pupillage Anoushka worked at a renowned criminal solicitors' firm in London as a paralegal. Anoushka gained experience in cash forfeiture and confiscation, which she brings to her practice. Anoushka accepts instructions in these areas alongside her general crime and fraud practice.

Anoushka has substantial experience providing pro-bono advice through a number of legal advice clinics, including City of London Appeals Clinic, the Prisoners' Advice Centre, Toynbee Hall Legal Advice Centre, and the East London Family Court.

Notable Cases

R v B [2021] secured an acquittal in a domestic ABH and theft matter for an extremely vulnerable male defendant.

R v C [2021] secured an acquittal in a domestic common assault, despite the Crown having a Complainant and independent witness to the incident.

R v L [2021] successfully opposed an application for a CBO made by the Metropolitan Police Service against a mentally vulnerable male. The Judge was persuaded that the order did not meet the test, despite evidence in favour of the application from MPS and a Westminster City Council representative.

Re W [2021] represented a 3rd party to a confiscation, which was negotiated in agreeable terms to all concerned.

R v W [2022] secured an acquittal in a protestor criminal damage case during the Westfield 2021 protests. The defendant was acquitted having established a lawful defence to the charges, which was not able to be disproved by the Crown and their evidence.

R v A [2022] secured unanimous acquittal in assault on an emergency worker in relation to allegations against a young male of good character. The trial focussed closely on the BWV and police officers' evidence, which was ultimately found to be insufficient for conviction.

R v F [2022] secured acquittal at half time in an assault on an emergency worker following a successful submission of no case to answer.

R v C [2022] secured unanimous acquittal for an assault against an emergency worker case, in which the only witnesses were police officers who despite giving consistent accounts were effectively challenged and undermined on their conduct and credibility.

R v M [2023] acting as second junior, secured acquittal for 6th defendant charged with assisting an offender in a murder case. The jury acquitted the defendant unanimously.

R v P and D [2023] secured acquittals for two men of good character, charged with public order offences, in the context of a large-scale violent disorder between football fans.

R v B [2023] secured unanimous acquittal for an assault against an emergency worker case. The key evidence was adduced from the complainant officer who conceded after proper reflection that his statement and evidence had misinterpreted the fast-moving incident.

R v Q [2023] secured a unanimous acquittal in a firearm case for defendant of good character as part of a wider cannabis cultivation trial. The jury were hung in relation to the cannabis counts.

R v S [2023] successfully argued an appeal against sentence in the Court of Appeal, resulting in the imposition of a suspended sentence order instead of a sentence of immediate imprisonment.

R v M [2023] secured acquittals in a 6 count fraud and attempted poisoning case in which forensic analysis of banking statements, insurance claims, and fraud claims was used to undermine the Crown's case and further the defence case of malicious allegations.

Qualifications

Criminology BA (Dunelm), Durham University, 2:1, 2016

GDL, The University of Law, Distinction, 2018

BTPC with LLM, The University of Law, Very Competent and Distinction, 2019

Advocacy Scholar, The University of Law, 2018/19

Professional Associations

Criminal Bar Association – YCBA committee member

Women in Criminal Law

Female Fraud Forum

Association of Women Barristers

Honourable Society of Inner Temple