



Anoushka Twining

Year of call: 2019

Anoushka practises in all areas of Crime and has developed a strong Crown Court Defence practice. Anoushka has a particularly strong practice in Fraud and Violent Crime, being lead and instructed alone in high value fraud and money laundering cases, organised criminal conspiracies, and individual cases of attempted murder and serious violence. Anoushka is also a Grade 2 Prosecutor.

Anoushka combines forensic analysis and an ability to harness large volumes of evidence, with sensitive client and witness handling, that enables her to present a robust but human case. Anoushka has been praised for her ability to martial large amounts of evidence, and to deploy it “to considerable impact”. Anoushka’s forensic skills have been of particular assistance in fraud, complex money laundering, and digital-evidence-heavy cases, where familiarity with large volumes of evidence has been key.

A frequent noted feature of Anoushka’s work, is the trust elicited from clients in her handling of their case through a robust and direct approach, that is measured by her patient and pleasant character. She has been commended for her handling of vulnerable youth clients, and through her frank but friendly approach, she has achieved excellent outcomes for her clients in the Youth and Crown Courts.

Anoushka has successfully appealed two sentences in the Court of Appeal, where her analysis and written arguments have resulted in important changes to her clients’ sentences.

Anoushka is currently a Grade 2 prosecutor for the CPS. Notable prosecutions have included an Organised Criminal Money Laundering ring and conspiracy to defraud, as well as offensive weapons, public order, immigration offences, and drugs cases.

Anoushka is available to advise and represent on financial crime and regulatory matters, having worked at a renowned criminal solicitors’ firm in London in their forfeiture and confiscation team.

Education & Awards

LLB Criminology BA (Dunelm), Durham University, 2:1, 2016

GDL, The University of Law, Distinction, 2018

BTPC with LLM, The University of Law, Very Competent and Distinction, 2019

Advocacy Scholarship Recipient, The University of Law, 2018/19

Professional Associations

The Criminal Bar Association – Secretary to the Young CBA Committee

Young Fraud Lawyers Association

Female Fraud Forum

Women in Criminal Law

Association of Women Barristers

Honourable Society of Inner Temple

Notable Cases

Violent Crime

R v a youth [2026] secured an acquittal for a young person charged with attempted murder, following which a trial for s18 wounding of two individuals was pursued. The defendant was acquitted of s18 wounding in both cases, with the defence having robustly tested four prosecution witnesses' accounts.

R v A [2024] secured acquittal in a s18 GBH in which the defendant was said to have driven off knowing the complainant was holding onto the van door, causing her to be dragged by the vehicle and grievously injured. The jury rejected the Crown's case, finding the defendant not guilty of both s18 GBH and the alternative s20 GBH.

R v M [2023] acting as second junior, secured acquittal for 6th defendant charged with assisting an offender in a murder case. The jury acquitted the defendant unanimously.

Fraud

R v B and ors [2025] lead in a £5million VAT fraud involving 8 counts of Cheating the Revenue, in which the client was acquitted on 3 counts reducing the value of the fraud by £1million. The jury were unable to reach verdicts in the remaining counts.

R v A and ors [2024] lead in prosecution of £117,000 conspiracy to defraud and money laundering trial, from which two conspirators were convicted.

R v M [2023] secured acquittals in a 6-count fraud and attempted poisoning case in which forensic analysis of banking statements, insurance claims, and fraud claims was used to undermine the Crown's case and further the defence case of malicious allegations.

Firearms

R v O [2025] secured acquittal in a possession of firearm with intent to cause fear of violence case where the Crown's case was supported by four witnesses, and video evidence.

R v A [2024 and 2025] lead junior in 1 of 3 trials for a conspiracy to possess firearms with intent to endanger life concerning 14 young men, all said to be gang members, who were involved in sourcing, financing, and some being in possession of a total of 3 firearms as part of a plan to exact revenge on a rival gang member.

R v Q [2023] secured a unanimous acquittal in a firearm case for defendant involved in a cannabis cultivation enterprise.

Drugs

R v S [2023] successfully argued an appeal against sentence in the Court of Appeal, resulting in the imposition of a suspended sentence order instead of a sentence of immediate imprisonment for a client charged with Possession with Intent to Supply Class A drugs.

Protest and Public Order

R v P and D [2023] secured acquittals for two men of good character, charged with public order offences, in the context of a large-scale violent disorder between football fans.

R v W [2022] secured an acquittal in a protestor criminal damage case during the Westfield 2021 protests. The defendant was acquitted having established a lawful defence to the charges, which was not able to be disproved by the Crown and their evidence.

R v L [2021] successfully opposed an application for a CBO made by the Metropolitan Police Service against a mentally vulnerable male. The Judge was persuaded that the order did not meet the test, despite evidence in favour of the application from MPS and a Westminster City Council representative.

Other

R v Mansoor [2024] EWCA Crim 1403 successful appeal against sentence on the issue of totality for a young client. Case reported in [CrimeLine](#).